

3 | Measuring the wellbeing impacts

Understanding the spectrum of social connections

Building design

Buildings can be designed to encourage residents to bump into each other and linger in common spaces.

Wellbeing variables:

- Social connectedness
- Sense of safety
- Spatial inclusion

1



Casual encounters

Wellbeing variables:

- Sense of belonging
- Social connectedness
- Sense of safety
- Spatial inclusion

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Repeated encounters

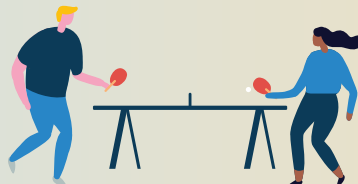
Building design & programming

Social programming can help residents make the jump from casual encounters to meaningful relationships. The design of physical spaces facilitates successful programming.

Wellbeing variables:

- Level of engagement
- Sense of belonging
- Social connectedness
- Sense of safety
- Spatial inclusion

3



Doing things together

Wellbeing variables:

- Perceived health
- Level of engagement
- Sense of belonging
- Social connectedness
- Sense of safety
- Spatial inclusion

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Forming friendships

Wellbeing variables:

- Resilience
- Tenure
- Perceived health
- Level of engagement
- Sense of belonging
- Social connectedness
- Sense of safety
- Spatial inclusion

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Mutual support

Increasing social connectedness, belonging, and resilience