



HEY   
NEIGHBOUR!  
Collective

# CONNECT & PREPARE

Neighbours Helping Neighbours



# Connect & Prepare





# Why Connect & Prepare?





Survivors leave Tohoku a day after the March 11, 2011 earthquake and tsunami. // Warren Antiola/Flickr

Social ties,  
not just sandbags

## In Disaster Recovery, Social Networks Matter More Than Bottled Water and Batteries

DANIEL P. ALDRICH FEB 14, 2017

*WHO*is in your kit, not just  
*WHAT*is in your kit



# Increasing Shocks and Stresses

*How can we be better prepared AND strengthen our resilience?*



**SHOCKS:** Severe weather, power outages, building fires, pandemic outbreak

**STRESSES:** Climate change, food/economic security, health, isolation

# Canada: Disastrous Impact of Extreme Heat

Failure to Protect Older People, People with Disabilities in British Columbia

**595 people were killed by heat in B.C. this summer, new figures from coroner show**

## Seniors under pressure amid B.C. wildfires

B.C.'s frail elderly vulnerable as wildfires rage across province





# How it Works



# Connect & Prepare

- Resident Champions (HOST)
- Groups of Neighbours
- 3 facilitated workshops (on location)
- Resources, funding, support to access grants (+ \$500 shared supplies)
- Build connections and develop collaborative projects



# Connect & Prepare Projects

- Neighbour skill sharing
- Food security projects
- “Grab and Go Party”
- Shared emergency plans & kits
- Placemaking
- Buddy systems
- Communication networks
- Block or building parties/gatherings
- Mutual Aid





*“Together we focused on our abilities rather than our individual disabilities”*



# LeBlond Place

- Low-rise, seniors with disabilities
- Healthy Food distribution
- Shared emergency supplies & buddy system
- Accessed small grants for “Grab and Go” part

# Results from Pilot



- **94%** got to know each other better
- **100%** became more connected with each other
- **100%** achieved better understanding of their collective strengths, assets and vulnerabilities
- **100%** took action to be better prepared for emergencies

Scaling Pilot Partners

# CONNECT & PREPARE

## City of North Vancouver

- North Shore Community Resources (NSCR)
- Silver Harbour Seniors' Centre
- North Shore Emergency Management (NSEM)
- City of North Vancouver's Planning & Development Department

## City of New Westminster

- City of New Westminster's Office of Emergency Management
- Senior Services Society of BC
- City of New Westminster's Social Planning Department

## City of Vancouver

- Mount Pleasant Neighbourhood House
- City of Vancouver Resilience and Disaster Risk Reduction Department

Building Resilient Neighbourhoods

Hey Neighbour Collective





# Scaling Pilot Goals

## Learn Together...

- Test
- Implement
- Adapt
- Evaluate
- Develop a Sustainable Scaling Model



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LET'S  
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Prepare!*  
TOGETHER!